

Wealth values will make you prosperous

Bradenton Herald Newspaper

Joan Dickinson, ED.D. Life Coach

August 25, 2007

I want to inspire you to become wealthy by thinking wealthy. Just like we all want to have positive self-esteem, and that's not viewed in a "me, me" selfish light, we can desire and intend to have wealth and not have friend's "tsk, tsk, tsk" over our gluttonous desires. Yes, think it's OK to be wealthy, even desire it. Guilt free.

I like Brooke Astor's expression, "Money is like manure, it should be spread around." She recently died at age 105 and is credited with giving away \$200,000,000 during her lifetime. Busy, generous lady, don't you think? How would you feel if you had that much money to give away, bring joy to others? I'd feel like Santa Claus, great.

I like Brooke's expression because, if we think about it, abundance grows from manure. Our seeds and plants grow best in fertile soil, and manure is even biodegradable. By her giving she allowed others to receive and in turn give to their families. This is the cycle of wealth. This is the same cycle of giving and receiving.

Think of Dickens's *A Christmas Carol*. Tiny Tim's of the world are needed to allow Scrooges to become philanthropists, instead of hoarders. We need to receive as well as give.

Think about another form of wealth, love. Can we really be loving if there is no one to appreciate our love? I'm sure we all know people who give and give, but can't experience the joy of reciprocity. Similarly we all know people who seem to be takers, don't give back in return. Both these types of individuals are out of balance and rarely happy.

If we have the courage to honestly desire prosperity in our lives, be receivers and givers of wealth, we need to have positive wealth values. Be careful not to use self-defeating, negative phrases like:

- Wealthy people are not nice, loving or happy.
- I am selfish, gluttonous or greedy if I desire luxury in my life.
- I really don't need much to enjoy my life.
- Money is the root of all evil.
- Frugality is a wonderful trait. (This is the hardest for Minnesota me to eradicate.)

Instead, use words that will create positive wealth values. Abundance will flow to us if we think these phrases to ourselves:

- Making money brings great joy to me and my family.
- I want to contribute my best to this world.
- I am responsible for creating my best self-esteem by using my talents.
- I am not seeking the approval of others, but following my heartfelt intentions.

We can create wealth, prosperity and ultimately joy and happiness by following these simple steps:

- Write down your wealth intentions.
- Commit to use your best talents to create wealth.
- Make a list of all the benefits to you and others of your creating wealth.
- Be alert, attend to opportunities to make money.
- Be grateful for your talents.
- Be grateful for your receiving, saving, spending and giving opportunities.

Thank you Brooke Astor for providing such a fine model of giving. May you rest in peace.